

## ♥ MEMORIZE

**SO TEACH US  
TO NUMBER  
OUR DAYS  
THAT WE MAY  
GET A HEART  
OF WISDOM.**

**PSALM 90:12**

**Q: WHO SHOULD I LOOK  
TO FOR APPROVAL?**

**A: GOD, NOT MAN.**

## SHARE

Tell your child one way you feel God wants you to use your time more wisely. How will you do it?

## WATCH



Watch this week's Memory Melody video with your kids to memorize this week's verse!

## PRAY

**DEAR GOD, THANK YOU FOR  
CREATING ME AND BEING  
MY GOD. THANK YOU FOR  
MY LIFE. GOD HELP ME TO  
SHOW OTHERS WHO YOU  
ARE AND USE MY TIME  
WISELY TO DO THE WORK  
YOU CREATED ME TO DO.**

## FIND

This week's verse is in the book of Psalms. Help your child find the book of Psalms. Is this book in the Old or New Testament? How many chapters are there?

## TAKE A WALK

Take a walk with your child. As you walk, come up with ideas of how your family can spend their time more wisely. What needs to change to make that happen?

## THIS OR THAT

Make a list of five wise choices and five poor choices. For example, make a treat for a friend (good), watch two hours of TV (poor). Ask your child, "Would you choose (fill in with a wise choice) or (fill in with a poor choice)?" Talk about why your child chose what they did and what they think God would want them to choose.

## SING



Listen to this playlist throughout the series as you learn to follow Jesus more closely.

**SCAN HERE TO LISTEN  
WHEREVER YOU ARE!**

## SCREEN-FREE ZONE

As a family, commit to one day a week that is a totally screen-free day. Let your children help choose how your time will be spent instead of spending time on devices.