

★ THRU-THE-WEEK SHEET

WEEK OF OCTOBER 08, 2023

♥ MEMORIZE

**BUT THE FRUIT OF
THE SPIRIT IS
LOVE, JOY, PEACE,
PATIENCE,
KINDNESS,
GOODNESS,
FAITHFULNESS,
GENTLENESS,
SELF-CONTROL;
AGAINST SUCH
THINGS THERE IS
NO LAW.**

(GALATIANS 5:22-23)

**Q: WHAT DOES A
DISCIPLE LOOK LIKE?**

**A: SOMEONE WHO
FOLLOWS JESUS'
EXAMPLE.**

CREATE



Create a centerpiece for your table with a bowl and colorful fruit. Each day when you sit down for dinner, say Galatians 5:22-23 together and talk about how God is growing the fruit of the Spirit in each of your lives.

SHARE

Read through the fruit of the Spirit in Galatians 5:22-23 and give your kids real-life examples of what that looks like at their age.

Talk about how YOU demonstrate the fruit of the Spirit in your own life. Where are you still growing?

WATCH



Help your child learn their verse by watching this week's Memory Melody video!

PRAY

**FATHER, HELP ME TO FOLLOW
JESUS' EXAMPLE MORE AND
MORE EVERY DAY. HELP THE
FRUIT OF THE HOLY SPIRIT
TO GROW IN MY LIFE. HELP
ME TO LEAD OTHERS TO
FOLLOW YOU, TOO. I LOVE
YOU, JESUS. AMEN.**

FIND

This week's verse is in the book of Galatians. Help your child find the book of Galatians. Is this book in the Old or New Testament? How many chapters are there?

RACE

Attempt a family three-legged race to illustrate what it means to "keep in step with the Spirit" (Galatians 5:25). If your family is small, take turns timing pairs of two running the race. When everyone is finished, compare finish times.

Ask your kids to describe what it's like trying to keep in step with their partner. Emphasize what you have learned about walking closely with the Holy Spirit. What spiritual resources or practices help strengthen the bond that keeps us tied by the leg to the Holy Spirit?

PAINT

Paint a tree lengthwise on a piece of butcher paper. Write the first part of our memory verse in big, bold letters across the top. Write the last part of the verse across the bottom.

Invite your kids to create fruit out of construction paper. Label them with the fruit of the Spirit. Ask God to grow the fruit of the spirit in each member of your family.

SING



Listen to this playlist throughout the series to praise God for spreading His Word.

**SCAN HERE TO LISTEN
WHEREVER YOU ARE!**