

# WORTHY OF *Worship*

**PREPARE** 



**BEFORE YOU BEGIN**

## TALK TOGETHER

### WHAT ARE YOU THANKFUL FOR?

I know this is something we talk about a lot during the month of November, but thankfulness is something we can practice all year.

We practice thankfulness by paying careful attention to the world around us. Just like a detective looks for clues, we can look for examples of God’s goodness in our lives.


We can notice the beauty of God’s creation or the faithful rising of the sun. We can learn about science and observe how it works together exactly the way God intended. We can consider the family and friends He’s given us and the kindness He shows us through them. When we look hard enough, we can see God’s goodness EVERYWHERE. We can be thankful when things are going well. And we can also choose to be thankful when life is tough.



 **TALK TOGETHER**  
Family conversations with God’s Word.

 **MORE TO EXPLORE**  
Discover how this conversation fits into God’s Big Story.

 **THRU-THE-WEEK SHEET**  
Post it on the fridge. Use it all week.

 **COLORING PAGE**  
Keep little hands busy before, during and after your family conversation.



Psalm 116 was written as a hymn of thankfulness to God when He saved the psalmist from death. Let's read a couple of its verses together. **We'll start with Psalm 116:1-2 and then read verses 9 and 17.**

***I LOVE THE LORD, BECAUSE HE HAS HEARD MY VOICE AND MY PLEAS FOR MERCY. BECAUSE HE INCLINED HIS EAR TO ME, THEREFORE I WILL CALL ON HIM AS LONG AS I LIVE. I WILL WALK BEFORE THE LORD IN THE LAND OF THE LIVING. I WILL OFFER TO YOU THE SACRIFICE OF THANKSGIVING AND CALL ON THE NAME OF THE LORD.***

## PSALM 116:1-2, 9 & 17

The psalmist is **worshipping** God in these verses by praying to Him with thanksgiving. Worship is our response to God showing us Himself in our everyday lives. The psalmist **noticed** God's goodness in the way God heard his prayers and spared his life. Then, he **responded** by promising to walk faithfully with God and praising Him through prayer.

Did you know we can tell God "thank you" through prayer? Prayer is simply talking to God with the words we have. Those words don't have to be fancy or long. God hears us whenever we speak to Him. When we make time to thank Him throughout the day, we are declaring His goodness for others to notice too.

**WHAT ARE YOU THANKFUL FOR?**

**PAUSE AND THANK GOD FOR THAT THING TODAY!**



## GOD'S BIG STORY

CREATION



EVERYTHING  
GOD CREATED  
WAS GOOD.

FALL



ADAM & EVE SINNED,  
AND SIN PASSED TO  
ALL PEOPLE, EVEN  
YOU AND ME.

REDEMPTION



THOUGH ALL OF  
US ARE SINNERS,  
CHRIST DIED  
FOR US.

RESTORATION



JESUS WILL  
COME AGAIN.

### FIND IT IN THE BIBLE: PSALMS

The book of Psalms is found near the middle of the Old Testament and contains poems, songs of praise and prayers speaking to or about God.

Psalm 116 outlines a prayer of thankfulness, made in the company of other believers, when God saved the psalmist's life. It is an example that teaches us how to pray to God with thanksgiving.

### READ



Jesus talked about prayer in a very important sermon called the Sermon on the Mount (Matthew 5-7). You probably have heard it called the "Lord's Prayer."

Read Matthew 6:5-14. Here are a few points to consider.

- How should we pray?
- Who should we pray to?
- What should we say?
- Why are these words important?

### OT-NT CONNECTION

Life is not easy, and sometimes things will make us feel stressed or anxious. God still wants us to pray to Him with thanksgiving. Paul talks about this in the book of Philippians. **Read Philippians 4:4-7.**

- When are we supposed to rejoice?
- Who (and what) is available to us always?
- What should we do when we feel worried or anxious?

### HOW DO I KNOW WHAT TO PRAY FOR?

God doesn't need fancy words or formal prayers to hear your voice. All you need to do is talk to Him!

Paul teaches us to pray all the time (Romans 12:12), for every occasion, with all kinds of prayers and requests (Ephesians 6:18). There is no magic formula. You can talk to God about anything that is going on in your life at any time. As with any relationship, the more time you spend with the Lord in prayer, the closer you grow to Him!

### WHY SHOULD WE PRAY TOGETHER?

Ecclesiastes 4:9-12 points out the obvious fact that two are better than one. When we pray with others, we share the spiritual load of what's troubling us, bearing each other's burdens like Paul tells us to in Galatians 6:2.

We're also reminded in Romans 12:15 to rejoice with those who rejoice and weep with those who weep. We can thank God with our friends for the good things He's done in our lives. We can also come before Him with sadness when things aren't going well and we need His help.

Finally, in Matthew 18:19-20, Jesus tells us that when two or more people pray together in His name, He is with them. There is power in prayer and there is power when we pray according to God's will together.

### JOURNAL



Encourage your kids to keep a journal of written prayers to God. Explain that when they notice God's goodness around them, writing it down and dating it helps them to remember what God has done.

# ★ THRU-THE-WEEK SHEET

WEEK OF SEPTEMBER 10, 2023

## ♥ MEMORIZE

**"I WILL OFFER  
TO YOU THE  
SACRIFICE OF  
THANKSGIVING  
AND CALL ON  
THE NAME OF  
THE LORD."**

***(PSALM 116:17)***

**Q: HOW CAN I  
WORSHIP GOD?**

**A: BY PRAYING TO HIM  
WITH THANKSGIVING.**

## LIST



Help your child create a list of seven of their favorite people, pets or things. Once the list is complete, let them choose one item on the list every day this week and thank God for it in prayer.

## SHARE

Talk to your kids about how you pray to God.

- Is there a certain time of day you like to pray?
- Are there any routines you try to observe?
- Do you use a prayer list or some kind of prompt?

## WATCH



Help your child learn their verse by watching this week's Memory Melody video!

## PRAY



**GOD, YOU ARE WORTHY OF ALL MY WORSHIP. YOU HAVE DONE GREAT THINGS IN ME AND AROUND ME, AND I PRAISE YOUR NAME. THANK YOU FOR YOUR KINDNESS TOWARD ME AND MY FAMILY. HELP ME TO PRAY TO YOU WITH THANKSGIVING WHEREVER I AM THROUGHOUT THE DAY. I LOVE YOU, LORD. AMEN.**

## FIND



Find this week's verse in the book of Psalms. Do you know who wrote this psalm? When did this person live?

## MAKE



Create a thankful jar to use during the next month. Encourage your kids to look for God's goodness in their lives and tell you where they have seen Him. Briefly write their answers on a slip of paper to drop in the jar. At the end of the month, set aside some time to read your family's responses to God's goodness. Praise Him for His faithfulness to your family.

## WRITE



Think about someone you know who could use encouragement. It could be a friend, neighbor, family member or teacher. Encourage your child to send them a card in the mail that contains a prayer to the Lord, thanking Him for His goodness. Pray for the person who will receive the card.

## SING



Listen to this playlist throughout the series to praise God and God alone!

**SCAN HERE TO LISTEN  
WHEREVER YOU ARE!**



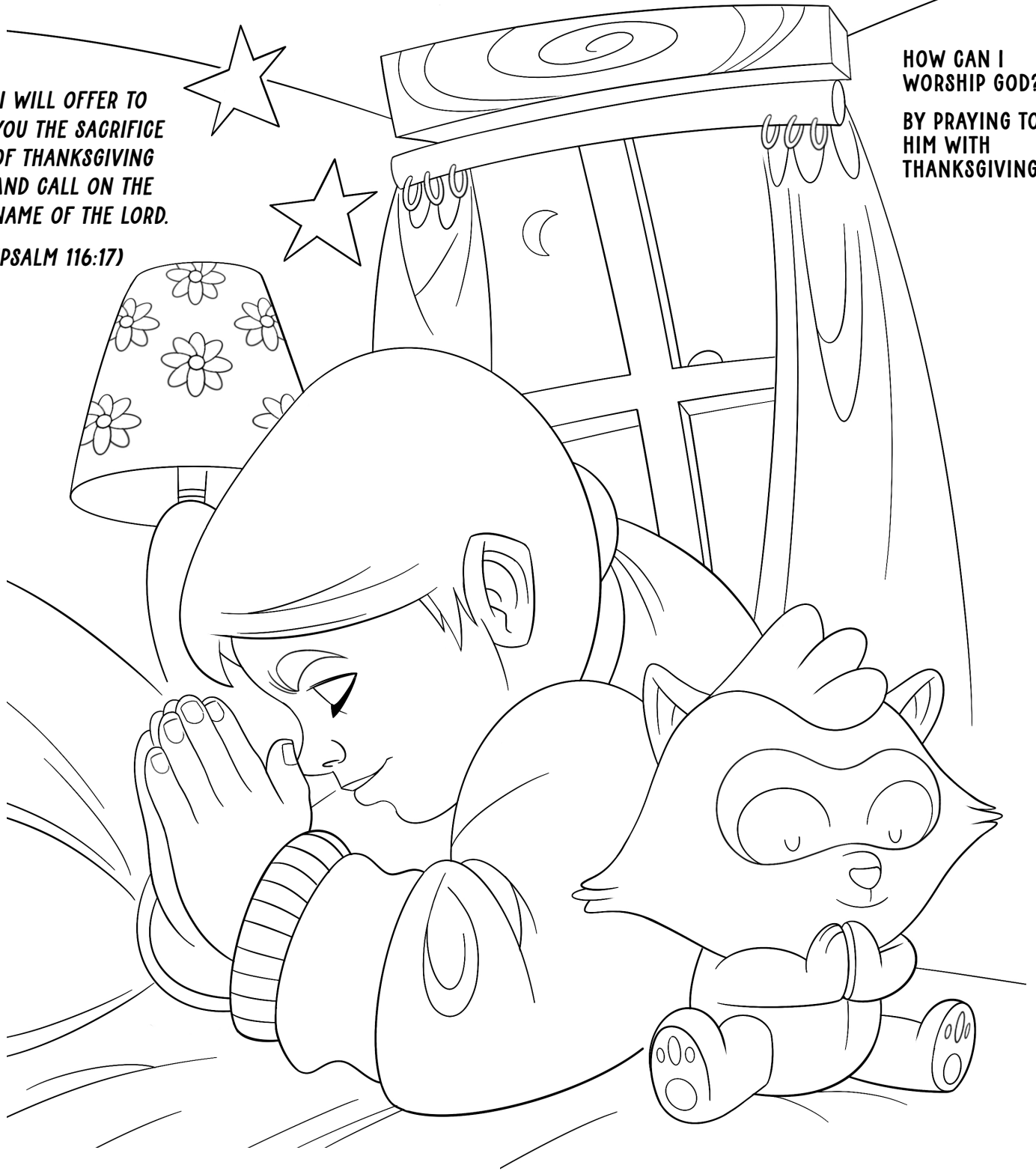
# COLORING PAGE

WEEK OF SEPTEMBER 10, 2023

**I WILL OFFER TO YOU THE SACRIFICE OF THANKSGIVING AND CALL ON THE NAME OF THE LORD.**

**(PSALM 116:17)**

**HOW CAN I WORSHIP GOD?  
BY PRAYING TO HIM WITH  
THANKSGIVING.**



NAME: \_\_\_\_\_