



Looking for LIKES

PREPARE 



BEFORE YOU BEGIN

TALK TOGETHER

IF YOU HAD A WHOLE DAY TO SPEND DOING WHATEVER YOU WANTED, WHAT WOULD YOU DO? Where would you want to go and who would you want to spend your time with?

It's fun to think about taking a day to do something fun with friends or family. Sometimes that is a perfect way to spend a day. But I have another question for you: How do you think God wants you to use your time?

God wants us to be wise about how we spend our time. Let's see what He tells us about that in the Bible. **Can you help me find Psalm 90, verse 12? The book of Psalms is in the Old Testament.**

**SO TEACH US TO
NUMBER OUR
DAYS THAT WE
MAY GET A HEART
OF WISDOM.**

PSALM 90:12



TALK TOGETHER
Family conversations with God's Word.



MORE TO EXPLORE
Discover how this conversation fits into God's Big Story.



THRU-THE-WEEK SHEET
Post it on the fridge. Use it all week.



COLORING PAGE
Keep little hands busy before, during and after your family conversation.

TALK TOGETHER

WHAT DO YOU THINK THE WORD WISDOM MEANS?

Wisdom is not the same thing as being really smart. A person who has godly wisdom knows who God is, what God says in the Bible, and how to apply those two things to his or her life. You can be a smart person and make good choices without God. But godly wisdom, the kind that helps you become more like Jesus, can only come from God.

In Psalm 90 Moses was praying and asking God to help him (and the Israelites) to think carefully about their time so they would make wise and godly decisions.

As people we can spend a lot of time worrying about how we look and what other people think about us. We can pass time playing video games, watching silly videos or even doing nothing in particular. In and of themselves, those things are not bad. But if they consume our time we are not having a heart of wisdom.

Imagine Jesus showed up at our house tomorrow morning, how would you spend your day? Would you just do mindless activities or would you put a lot of thought into how you spent time together? Would He see you spending a lot of time worrying about how you look or what other people think about you? Would He see you staring at a screen not even really thinking about what you are watching?

Here's the truth- if you have accepted Jesus as your Savior, God IS with you every day! The Holy Spirit is living in you and He never leaves you. He will help you to make the choices you need to make to help you become more like Jesus.

There is only so much time in every day. **If we ask Him, God will give us the wisdom we need to know how we should spend our time.**



* MORE TO EXPLORE

GOD'S BIG STORY

CREATION



EVERYTHING
GOD CREATED
WAS GOOD.

FALL



ADAM & EVE SINNED,
AND SIN PASSED TO
ALL PEOPLE, EVEN
YOU AND ME.

REDEMPTION



THOUGH ALL OF
US ARE SINNERS,
CHRIST DIED
FOR US.

RESTORATION



JESUS WILL
COME AGAIN.

FIND IT IN THE BIBLE: PSALMS

Today's verses come from the book of Psalms. The book of Psalms is in the Old Testament and each psalm was written during the time period of the Old Testament. The psalms were written by multiple people and are a collection of songs, prayers and poems speaking to or about God.

HOW DO I KNOW IF THE DECISIONS I MAKE ARE WISE?

Wise decisions align with God's character, God's heart and God's mission. If something looks more like the world than God, it is probably not a wise choice. One example from the Bible is found in **James 3:17**. It says that godly wisdom is peace-loving, gentle, reasonable, willing to listen, full of compassion and unwavering in commitment to God.

OT-NT CONNECTION

Wisdom is not just talked about in the Old Testament. What does the New Testament have to say about wisdom? .

- We should pray for wisdom for ourselves (**James 1:5**)
- We should encourage each other with wisdom (**Colossians 3:16**)
- We can ask God to give wisdom to others (**Colossians 1:9**)

JOURNAL

Make a list of the ways you spent your time this week. What activities did you have to do? How much time do you spend at school? How much time did you spend on a screen? Looking at how you spent your time, how many of those things helped you to gain wisdom? How much time did you waste on things that don't matter?

WHO WROTE THE BOOK OF PSALMS?

The book of Psalms has multiple authors. Many of them were written by David. Psalm 90, where your memory verse is found, is a prayer written by Moses. This is the same Moses who wrote the first five books of the Bible. God used Moses to rescue the Israelites from slavery in Egypt. God also gave Moses the Ten Commandments.

READ



Take a moment to look again at **Psalm 90**. Read **verses 1-2** and **verses 8-17**. Notice how Moses begins by praising God, saying that He is both eternal and the Creator of everything. How does Moses end his prayer? Think about your life and talk with your parent about how God has shown Himself to your family. Then pray and ask God to help each of you spend your time wisely.

★ THRU-THE-WEEK SHEET

♥ MEMORIZE

**SO TEACH US
TO NUMBER
OUR DAYS
THAT WE MAY
GET A HEART
OF WISDOM.**

PSALM 90:12

**Q: WHO SHOULD I LOOK
TO FOR APPROVAL?**

A: GOD, NOT MAN.

SHARE

Tell your child one way you feel God wants you to use your time more wisely. How will you do it?

WATCH



Watch this week's Memory Melody video with your kids to memorize this week's verse!

PRAY

**DEAR GOD, THANK YOU FOR
CREATING ME AND BEING
MY GOD. THANK YOU FOR
MY LIFE. GOD HELP ME TO
SHOW OTHERS WHO YOU
ARE AND USE MY TIME
WISELY TO DO THE WORK
YOU CREATED ME TO DO.**

SCREEN-FREE ZONE



As a family, commit to one day a week that is a totally screen-free day. Let your children help choose how your time will be spent instead of spending time on devices.

FIND

This week's verse is in the book of Psalms. Help your child find the book of Psalms. Is this book in the Old or New Testament? How many chapters are there?

TAKE A WALK

Take a walk with your child. As you walk, come up with ideas of how your family can spend their time more wisely. What needs to change to make that happen?

THIS OR THAT

Make a list of five wise choices and five poor choices. For example, make a treat for a friend (good), watch two hours of TV (poor). Ask your child, "Would you choose (fill in with a wise choice) or (fill in with a poor choice)?" Talk about why your child chose what they did and what they think God would want them to choose.

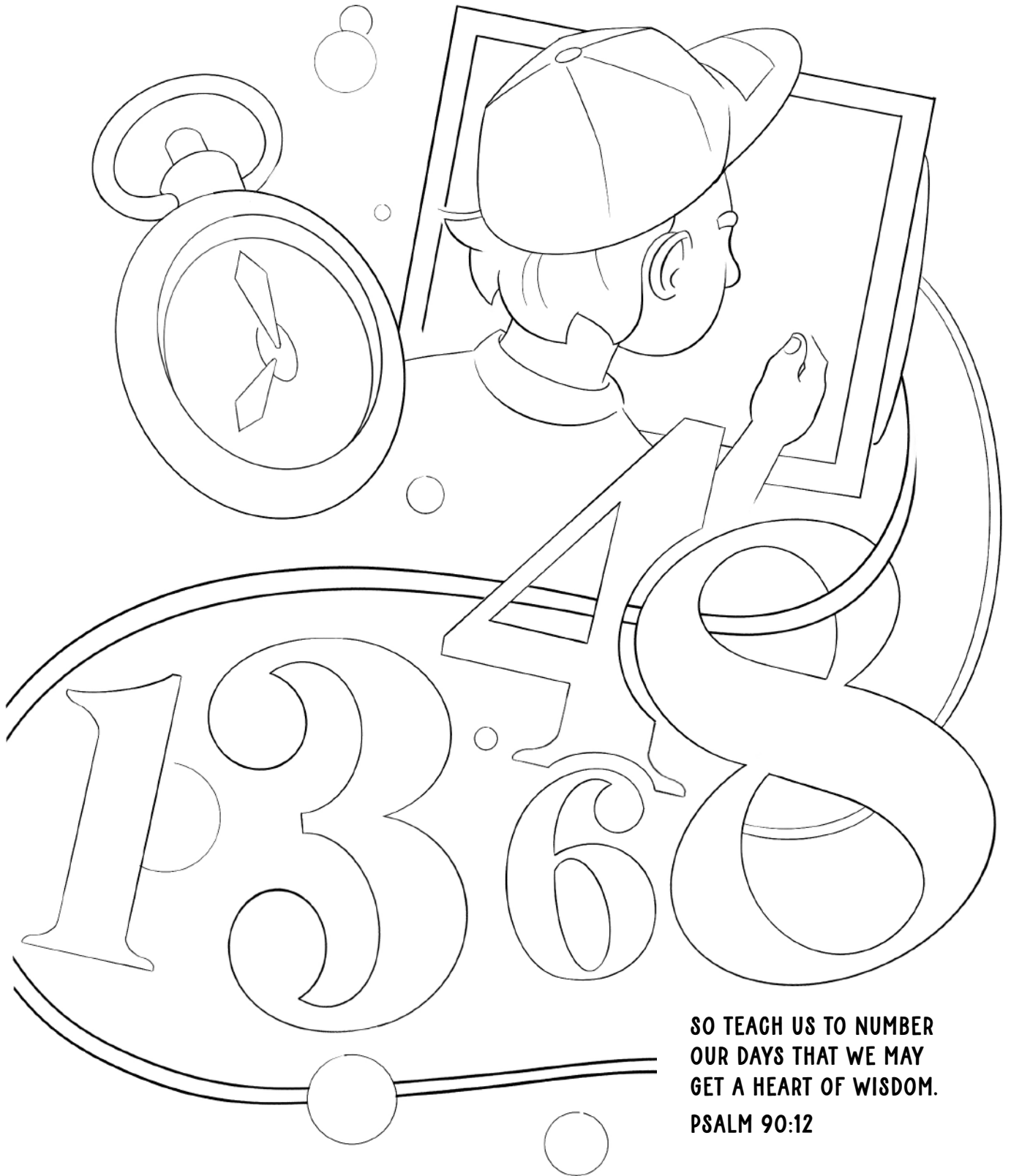
SING



Listen to this playlist throughout the series as you learn to follow Jesus more closely.

**SCAN HERE TO LISTEN
WHEREVER YOU ARE!**

COLORING PAGE



**SO TEACH US TO NUMBER
OUR DAYS THAT WE MAY
GET A HEART OF WISDOM.
PSALM 90:12**

NAME: _____