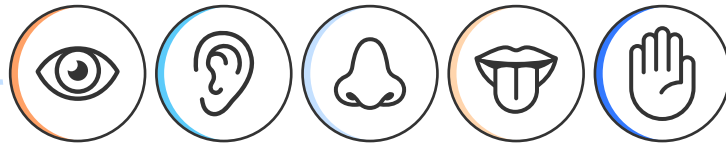


Create a **SENSORY SPACE** for Your Children's Ministry



Creating a sensory space in your church is a great way to offer children a calming place to reset. Sensory spaces can be used to serve kids with disabilities, those who have endured trauma, and those who need to burn off some extra energy.

Here's a list of items you could include in your sensory room. Remember, you don't need a whole room; a small corner will work just fine!

- Crash pads
- Beanbag chairs
- Lighted bubble aquarium tubes
- Soft lighting
- Variety of fidgets
- Cocoon swings
- Sound-canceling headphones
- Weighted blankets
- Wiggle seats
- Bubbles
- Books for a variety of reading levels
- Individual trampolines
- Visual schedules
- Walkie-talkie for emergencies
- Television for videos and music