



BROKEN



TALK TOGETHER

HAVE YOU EVER BEEN PICKED LAST FOR A TEAM?

How did that make you feel?

It feels great to be picked first, but being picked last is a completely different story. It can make us feel like no one cares, and it can make us feel very alone.

The Bible doesn't say our lives will be easy when we follow Jesus. In fact, Jesus told His disciples in John 16:33 they would have trouble. They had times they were sad, felt lonely and felt like everyone was against them. But the Bible has some good news for us!

Let's read what the Apostle Paul tells us about God.
Can you help me find Romans 8, verse 31-34? The book of Romans is in the New Testament.



TALK TOGETHER

Family conversations with God's Word.



MORE TO EXPLORE

Discover how this conversation fits into God's Big Story.



THRU-THE-WEEK SHEET

Post it on the fridge. Use it all week.



COLORING PAGE

Keep little hands busy before, during and after your family conversation.



TALK TOGETHER

WHAT THEN SHALL WE SAY TO THESE THINGS? IF GOD IS FOR US, WHO CAN BE AGAINST US? HE WHO DID NOT SPARE HIS OWN SON BUT GAVE HIM UP FOR US ALL, HOW WILL HE NOT ALSO WITH HIM GRACIOUSLY GIVE US ALL THINGS? WHO SHALL BRING ANY CHARGE AGAINST GOD'S ELECT? IT IS GOD WHO JUSTIFIES. WHO IS TO CONDEMN? CHRIST JESUS IS THE ONE WHO DIED—MORE THAN THAT, WHO WAS RAISED—WHO IS AT THE RIGHT HAND OF GOD, WHO INDEED IS INTERCEDING FOR US.

ROMANS 8:31-34

WHAT DOES IT MEAN THAT GOD IS FOR US?

God did everything needed to be done for us to have a relationship with Him. He gave His very own Son, Jesus, to die on the cross for us and our sins. When we receive by faith Jesus' gift of salvation, there is nothing that can separate us from God's love. There is no grief, trouble, hard time, bully or hatred that can make a wall between God and us.

When life is hard, things don't go our way, or we feel left out and lonely, God promised He would be with us. He knows we will struggle, and He is with us wherever we are and whatever we are going through.

When we are sad because we lost a close friend or family member, God is with us.

When we feel like we don't fit in, God is with us.

When we can't do what our friends do, God is with us.

When we are left out by friends, God is with us.

It can be hard when we feel all alone, left out or forgotten. Whatever the circumstance, the truth is God is with you in the loneliness. He knows your pain and how much you hurt. **He knows every detail of what is going on in your life and loves you more than you can imagine.**



* MORE TO EXPLORE

GOD'S BIG STORY

CREATION



EVERYTHING
GOD CREATED
WAS GOOD.

FALL



ADAM & EVE SINNED,
AND SIN PASSED TO
ALL PEOPLE, EVEN
YOU AND ME.

REDEMPTION



THOUGH ALL OF
US ARE SINNERS,
CHRIST DIED
FOR US.

RESTORATION



JESUS WILL
COME AGAIN.

FIND IT IN THE BIBLE: ROMANS

This week's story comes from the book of Romans. Romans is an epistle, or letter. The book was written by the missionary Paul.

In this letter, Paul writes to the Romans and presents a detailed explanation of the Gospel.

WHAT DO I DO WHEN I'M LEFT OUT BECAUSE I BELIEVE IN JESUS?

God knows this will happen. Standing up for God's truth requires courage and may have consequences. But, even then, God is with us. Jesus said we will be blessed, and our reward will be great in heaven when we suffer for Him. That doesn't make it easier, but standing up for God's truth is an important part of being a follower of Jesus.

OT-NT CONNECTION

God was with His people in the Old Testament too. He has always promised His presence to His children when they need Him.

- God is for us when we face enemies (**Psalm 56:9**).
- God is on our side so we don't need to fear (**Psalm 118:6**).
- God goes before us, is with us and will never leave us (**Deuteronomy 31:8**).

JOURNAL

Read **Romans 8:31-39**. Write down the questions Paul asks. Does one of the questions stand out to you? Write a prayer asking God to help you believe what He has told us in His Word.

IS IT A SIN TO FEEL LONELY?

When God created humans, He created each of us to have emotions. Having emotions in the way we do is one thing that separates us from the rest of God's creation. It is necessary to feel our feelings. But we shouldn't let our emotions dictate what we do or say. We need to be controlled by the Holy Spirit, not by our emotions.

READ



Jesus understands what we are going through. Read **Hebrews 4:14-16**. Jesus was fully man and fully God. As a man, He was tempted and suffered at the hands of many. It is a comfort He understands everything you are going through. Knowing Jesus understands what you are feeling, what situation do you need to talk with Him about and trust Him with?

★ THRU-THE-WEEK SHEET

♥ MEMORIZE

**WHAT THEN
SHALL WE
SAY TO THESE
THINGS? IF
GOD IS FOR
US, WHO CAN
BE AGAINST
US?**

(ROMANS 8:31)

- Q:** WHO WILL ALWAYS BE WITH ME, NO MATTER WHAT?
- A:** GOD

GOD IS WITH ME A TO Z



With your child, go through the alphabet taking turns to name a place where God is with you and that begins with each letter. Ask your child which place they need help remembering God is with them. Pray together that God would help each of you remember He is with you no matter what.

SHARE

Tell your child about a time when you felt lonely or left out. What did you do? How did knowing God was with you help you?

WATCH



Help your child learn their verse by watching this week's Memory Melody video!

PRAY

DEAR GOD, THANK YOU THAT YOU ARE WITH US WHEN WE FEEL ALONE. HELP US TO REMEMBER WHO YOU ARE AND WHAT YOU HAVE DONE WHEN WE FEEL SAD OR LONELY. AMEN

DAILY REMINDER

Every day as your child leaves your car or house to go to school or an activity, tell them, "God loves you and is with you always!" Have your child answer back, "If God is for me, who can be against me?"

SERVE TOGETHER

God can use your family to encourage others. Call an assisted living center to set up an appointment to visit with men and women who may not get visitors and are feeling lonely. Or talk with your pastor and get names of people in your church who are shut-ins. Share your memory verse with the people you visit, tell them Jesus loves them and pray with them.

SWORD OF THE SPIRIT

Use the Sword of the Spirit to fight loneliness. Find verses in the Bible that tell us God is with us. Write the verses on notecards, sticky notes or small pieces of paper. Every night, personalize and pray one of the verses as a family. Verses to get you started: Deuteronomy 31:6, Joshua 1:9, Isaiah 35:4, John 16:33

SING



Listen to this playlist throughout the series as you learn that God loves us and is with us.

SCAN HERE TO LISTEN WHEREVER YOU ARE!

 **COLORING PAGE**

**WHO WILL ALWAYS
BE WITH ME, NO
MATTER WHAT?
GOD**



**WHAT THEN SHALL WE
SAY TO THESE THINGS?
IF GOD IS FOR US, WHO
CAN BE AGAINST US?**

(ROMANS 8:31)

NAME: _____